

# I Heart You Quilt

By Ellen March for Sulky of America

Featuring Spoonflower fabrics



Quilt measurement: 46" x 50-1/2"

Quilting done by Crystal Zagnoli of the Quilted Cricket  
Original Design for Sulky of America



# Project Overview

## Fabric:

Assorted coordinating 45"-wide quilting cotton or 54"-wide organic cotton sateen (refer to the Quilt Diagram for fabric numbers & placement)

- 3 yards for backing
- 3/4 yard for Heart #1 print
- 1/4 yard for Heart #2 print
- 1/4 yard or 1 fat quarter of Heart #3 print
- 1/4 yard for Heart #4 print
- 1/4 yard or 1 fat quarter for Heart #5 print
- 1 yard of gray background print #6 print
- 1/2 yard for border

## Thread:

- **50 Wt. Cotton + Steel thread by Sulky (for piecing)**

## Supplies:

- Low-loft cotton batting (such Warm and Natural Needled Cotton Batting from the Warm Company)
- **KK 2000™ Temporary Spray Adhesive**



"I Heart You Quilt"

(Blue measurements are cut strip measurements - not sewn measurements.)

Revised 8/13/19

29.75"				9.5"	4	2.75"	1
27.5"	6			11.75"	2	6	2
2.75"	7.25"	1	16.25"	16.25"			3
14"	2		9.5"	18.5"			5
16.25"	3		5"	20.75"			1
7.5"	5	11.5"	4	2.75"	18.5"	2	2.75"
9.5"	1	11.5"	2	18.5"	4		2.75"
2.75"	14"	4		9.5"	5	14"	1
2.75"	9.5"	5	11.75"	3	9.5"	2	5"
5"	11.5"	4	14"	1	7.5"	5	5"
7.5"	13.5"			2	14"	4	7.5"
9.5"	9.5"		3	9.5"	1	7"	5
9.5"	7.5"	1	9"	2	7.5"	3	9.5"
11.75"	9.5"		5	11.75"	4		9.5"
14"	16.25"			1	11.75"		
16.25"	11.75"			5	14"		
18.5"	6			9.5"	3	14"	6
18.5"	7.5"			1	16"		
21"	5"			4	16"		
22.125"	2.75"			2	17.125"		



Heart 1



Heart 3



Heart 5



Backing: 1



Border



Heart 2



Heart 4



Top 6



Backing: 2

Batting Size:  
50" x 55"

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# Yardage & Dimensions

Quilt measurement: 46" x 50-1/2"

## **Backing: 3 yards**

2 panels 28" x 50"

Fabric: [love\\_on\\_charcoal by lilcubby](#)

## **Pink (1) = 3/4 yd.**

6 strips 2.5" x WOF for binding

1 strip 20.75" x 2.75"

1 strip 16.25" x 2.75"

2 strips 14" x 2.75"

2 strips 9.5" x 2.75"

2 strips 7.5" x 2.75"

1 strip 7.25" x 2.75"

Fabric: [happy hills-pink by design\\_by\\_debby](#)

## **Red (2) = 1/4 yd.**

1 strip 18.5" x 2.75"

1 strip 14" x 2.75"

1 strip 13.5" x 2.75"

1 strip 11.75" x 2.75"

1 strip 11.5" x 2.75"

1 strip 9.5" x 2.75"

1 strip 9" x 2.75"

1 square 2.75" x 2.75"

Fabric: [White Stripes and Loops on Red by minikuosi](#)

## **Purple/pink (3) = 1/4 yd or 1 fat quarter**

2 strips 16.25" x 2.75"

1 strip 11.75" x 2.75"

2 strips 9.5" x 2.75"

1 strip 7.5" x 2.75"

Fabric: [L'Amour Toujours Red Hearts by zesti](#)

## **Dark pink (4) = 1/4 yd or 1 fat quarter**

1 strip 18.5" x 2.75"

2 strips 14" x 2.75"

1 strip 11.75" x 2.75"

2 strips 11.5" x 2.75"

1 strip 9.5" x 2.75"

2 strips 5" x 2.75"

Fabric: [watercolor floating v's-red by betsysiber](#)

# Yardage & Dimensions - continued

## **Dark red (5) = 1/4 yd or 1 fat quarter**

- 1 strip 18.5" x 2.75"
- 1 strip 11.75" x 2.75"
- 3 strips 9.5" x 2.75"
- 2 strips 7.5" x 2.75"
- 1 strip 7" x 2.75"

Fabric: **red chains by collectedhandstextiles**

## **Gray background print (6) = 1 yard**

- 1 strip 29.75" x 2.75"
- 1 strip 27.5" x 2.75"
- 1 strip 22.125" x 2.75"
- 1 strip 21" x 2.75"
- 2 strips 18.5" x 2.75"
- 1 strip 17.125" x 2.75"
- 2 strips 16.25" x 2.75"
- 2 strips 16" x 2.75"
- 3 strips 14" x 2.75"
- 2 strips 11.75" x 2.75"
- 5 strips 9.5" x 2.75"
- 3 strips 7.5" x 2.75"
- 4 strips 5" x 2.75"
- 9 squares 2.75" x 2.75"

Fabric: **love birds gray by snow lower**

## **Border print = 1/2 yd.**

- 2 side borders 41" x 3.25"
- 2 top/bottom borders 46.5" x 3.25"

Fabric: **heart face cute valentines day love fabric hearts white red by charlottewinter or redchains by collectedhandstextiles** (featured)

## **Batting = 50" x 55" rectangle**

# Instructions

## PIECING

### Step 1

Cut out each fabric and place on a quilt board or flat work surface in the order indicated by the quilt diagram.

### Step 2

Beginning with row 1, piece each strip end to end with right sides together; press the seam toward the darker fabric.

### Step 3

When all rows are pieced, stitch the long edges with right sides together; press the seams downward.

### Step 4

Stitch the side borders to the quilt-top side edges with right sides together and edges aligned. Press the seams toward the quilt top.

### Step 5

Stitch the upper and lower borders to the quilt-top upper and lower edges, respectively. Press the seams toward the quilt top.



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## PIECING - continued

### Step 6

Piece the backing rectangles and trim to 55" x 60". Take into account the fabric direction and if matching prints is desired prior to cutting and piecing to ensure the desired result.

### Step 7

Place the backing wrong side up on a flat work surface. Center the batting rectangle on the backing, using KK 2000 to secure. Center the quilt top over the batting, using KK 2000 to secure. Additionally, pin-baste the quilt sandwich in several areas to ensure no shifting.

### Step 8

Quilt as desired.



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## PIECING - continued

The featured quilt was echo quilted inside the heart shape to emphasize and define the shape.



The gray bordering fabric was quilted in the ditch with additional lines within each strip. The border was quilted with a repeating computerized design.



### Step 9

After quilting, trim the quilt to 46" x 50-1/2".

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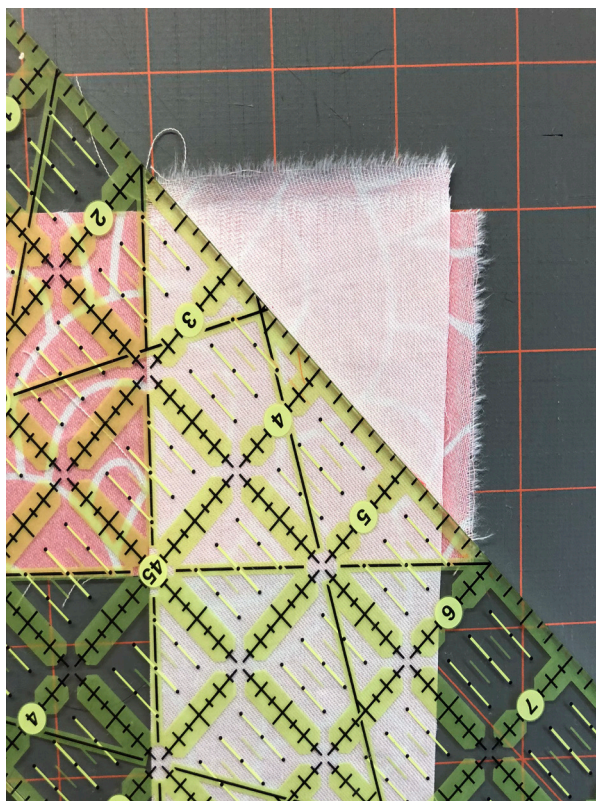
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# BINDING

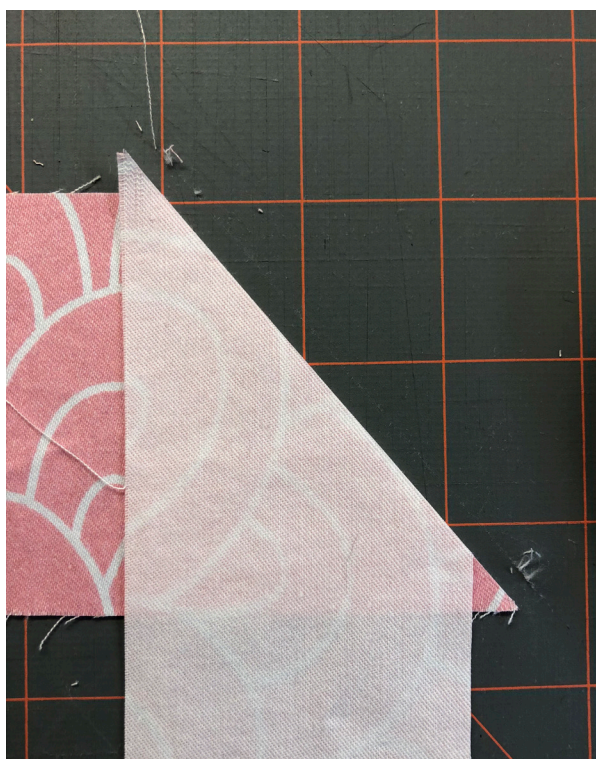
## Step 1

Piece together the binding strips using diagonal 45° 1/4"-wide seams. Place two fabric strips at a 90° angle with right sides together; trim the ends at a 45° angle.



## Step 2

Position the ends to allow for a 1/4" seam allowance.



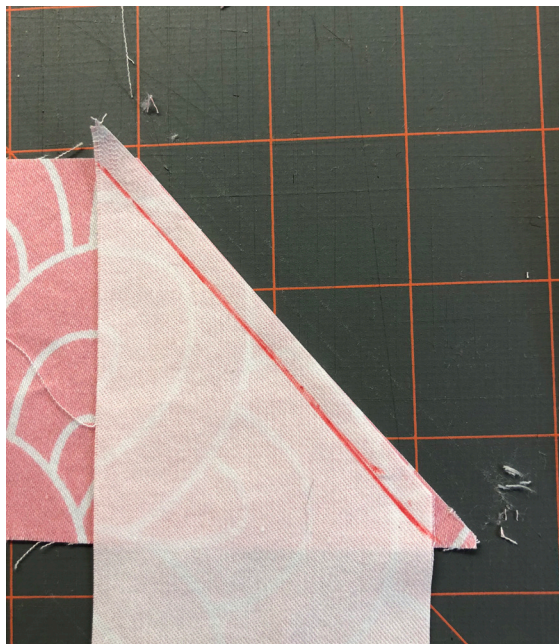


## BINDING - continued

### Step 3

Mark the seam allowance using a removable fabric marker.

Stitch along the line.



### Step 4

Press open the seam, and then trim the corner points flush with the binding long edges.





## BINDING - continued

### Step 5

Repeat to stitch each binding strip until you have one long strip. Trim one strip end at a 45° angle. Fold that end 1/4" toward the wrong side; press.

### Step 6

Fold the binding in half lengthwise with wrong sides together; press.

### Step 7

Stitch the binding to the quilt-top, beginning at the lower-edge center and leaving 4" of binding free at the beginning (folded angled end) and end. Miter the corners as you reach them.

### Step 8

Insert the straight binding end into the angled binding end; trim the straight end 1/4" beyond the beginning foldline. Pin the remaining binding long edge to the quilt top. Finish the binding stitching.

### Step 9

Wrap the binding folded edge toward the quilt-top backing; pin or clip generously, ensuring the corners retain their miters. Hand sew the binding fold to the quilt backing.



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