

“All Around Cover-up”

by Ellen Osten, National Director of Education
Original Design for Sulky® of America



You have a need for a stylish cover-up, and in a hurry?

This original design answers the need. Make it for yourself, but be prepared to make many more, because you'll be getting a lot of requests. Great for the Spa, girlfriend parties, the beach, by the pool, Bride & Bridesmaids, a New Mother, and

Just-Because-I-Like-You gifts.

Project Overview

Fabric:

- Cotton, rayon, lace, knit fabric- 2 yards, 44" wide.
- One size fits most - small to XXL

Thread:

- **Sulky® 12 wt. Cotton Blendables® Thread** - (2) 300 yd. spools to complement fabric
- **Cotton+Steel® 50 wt. Thread by Sulky** - 1 spool to match fabric

Supplies:

- Sewing Machine
- 1/4" seam allowance foot
Optional: Rolled hem foot
- Serger - Perfect for all-in-one edge finish
- Size 80/12 Universal sewing machine needle
- Rotary cutter & mat
- Quilter's ruler
- Scissors
- Fabric chalk marker
- Tape measure
- Pins
- Sharpie® Fine-Line, Permanent-Ink Marker - to trace pattern
- Scotch® Tape
- 3 yds. of 2" wide Ribbon (grosgrain, satin or organza)
- Fray Block™ Seam Sealant
- Pattern paper - I used **Sulky Stiffy™ Tear-Away Stabilizer**.
Sulky Tear-Easy™ Stabilizer is another choice



Optional Monogram:

- Embroidery machine
- **Sulky Sticky+™**
- **Sulky Soft 'n Sheer Extra™ Stabilizers**

Templates:

- **[DOWNLOAD Pattern Here](#)**

Instructions - continued

Step 1

Open the fabric and fold in half crosswise.
Then fold in half a second time lengthwise.

Step 2

Position the pattern so the shoulder lines
up with the double crosswise folds; and
the center front/center back fold lines
up with lengthwise folds.

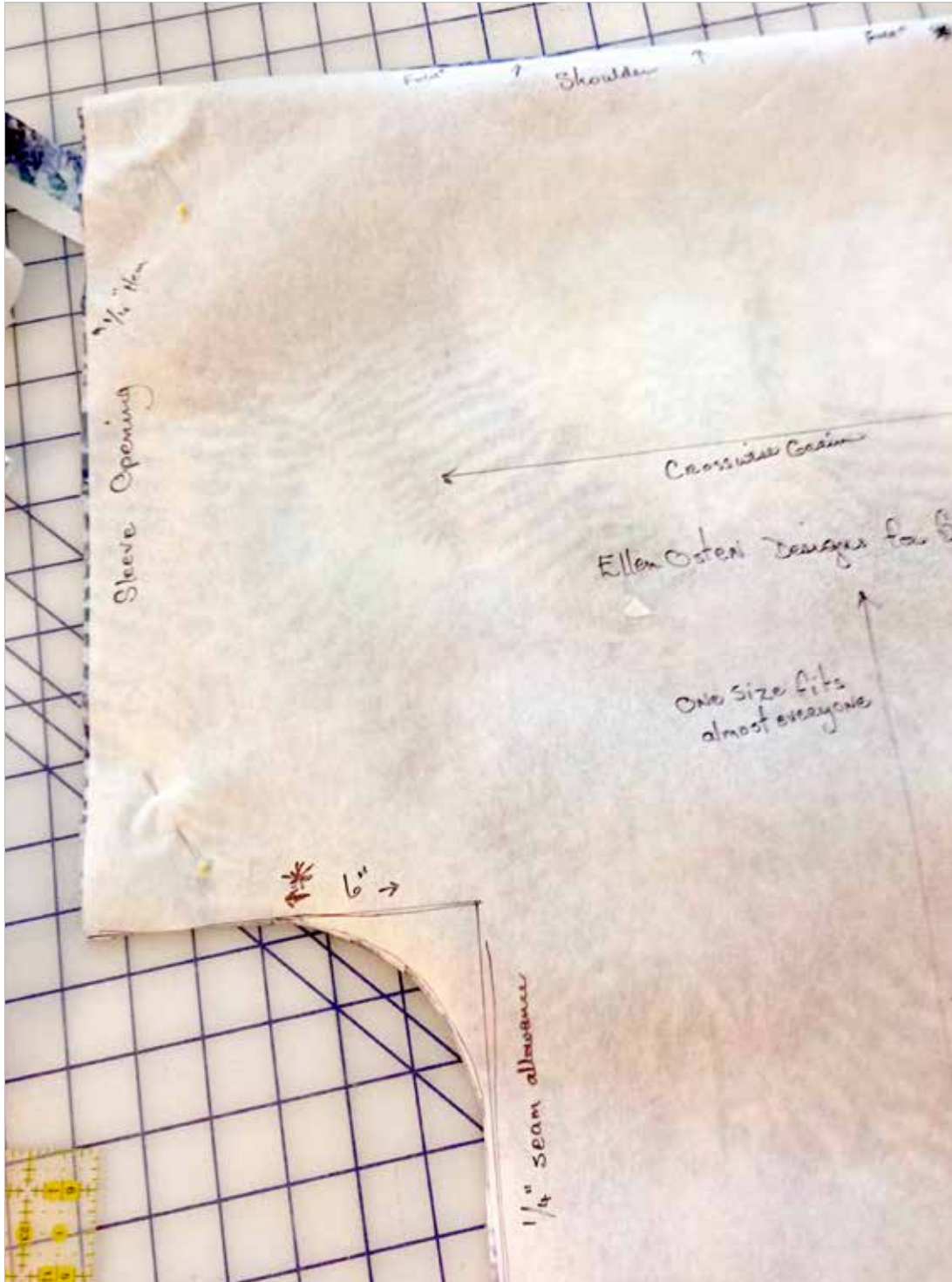


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Instructions - continued

Step 3

Cut the fabric following the cutting lines. DO NOT CUT double folds at the shoulders and the center front and back folds.



Instructions - continued

Step 4

Carefully separate the center front fold, and cut only this fold. The other fold is the center back.
*if by accident, you forget and cut both folds, this becomes a center back seam. No worry.



“All Around Cover-up”

Instructions - continued

Step 5

Open the cover-up: the picture shows it laying open. See how it is starting to look like something? For the center back fold and shoulder folds, mark them with a chalk marker or pins. Use the template to round all the corners – Center front corners and sleeves.

I know I'm going to be making more of these, so I traced a separate pattern for the back neck piece and the front. In other words, from your master pattern trace the front and back neck piece as a separate pattern. At the shoulder mark, position the front/neck pattern in place along the center front and back folds. Double check to be safe, and cut. Refer to the left picture for a visual.

This next step is optional. I serged the entire cover-up. By rounding the sharp corners first, it makes it extremely easy to clean-finish the whole cover-up. Fold the cover up in half lengthwise and use the center front and back neck patterns to get the correct shape.



Instructions - continued

Step 6

Stay-stitch the neckline, 1/8" from the raw edge, using a 2.0 seam length. The stay-stitching protects the neckline from being distorted by handling during construction. There is bias in this area.



Instructions - continued

Step 7

Serger - set the serger up for a 3-thread overlock rolled hem. Follow your machine manual directions.

- Needle: Cotton+Steel Thread
- Upper and lower loopers - 12 wt. Blendables

Step 8

TEST the setting first. Start serging along a side seam (serge on right side of fabric). Trim at least an 1/8" off as you serge the entire cover-up. With the corners rounded, you'll be able to serge continually. Overlap the serging where you began. Trim ends. Apply Fray Block to keep the ends clean.

Step 9

I switched back to my sewing machine for this step. Sew the side seams, right sides together, with 1/4" seam allowance.

- a: Leave 1/4" opening on the side seams for the belt loops. Double hash marks are on the pattern for you to use.

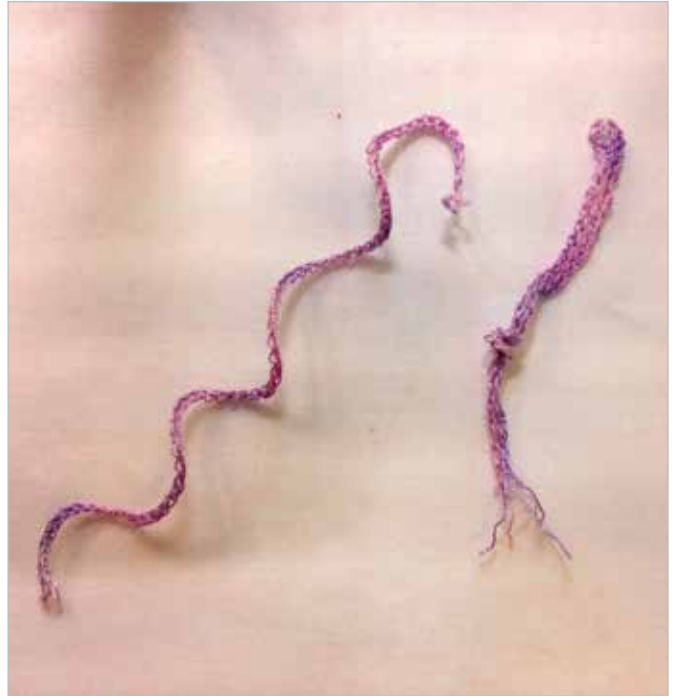


Instructions - continued

Step 10

Easy Belt Loops!

- Chain off approximately 9" to 10" of serger rolled-hem thread. Just run the machine and pull the thread gently so it won't jam in the machine.
- Cut in half and double knot.
- Position the loop knot through the 1/4" opening and sew it shut. Repeat for the other side.



Instructions - continued

Step 11

To finish, press the side seams open. If needed, you can clip the curve on the underarm to help it lay flat. After it is clipped, I sew that seam a second time to reinforce the underarm. This is a high stress area.

Add your pretty ribbon belt and you are good to go.

Extra perks:

- Use leftover fabric and add a pocket.
- Personalize with a monogram.
- Make a self-fabric belt: Cut 2" wide strips, sew the number of strips together that you need to make the length you need. Serge all the edges. Fray Block the serger tails then cut the excess off.



It's all in the details.

Make it special with
a Monogram!



It's not just a pocket!



Create an original!



"All Around Cover-up"

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Be prepared to make many more!



By the Pool

* Use the same pattern, just don't cut the front open.



At the Spa



"All Around Cover-up"