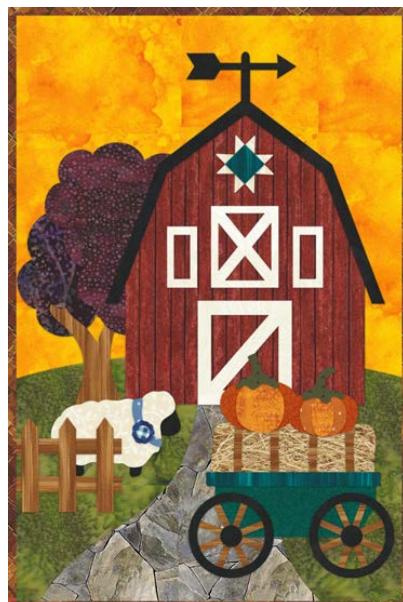


 SULKY® SIMPLY APPLIQUÉ!
Sit & Sew Workshop

A New Sulky Sit & Sew Educational
Program designed especially for
Sewing and Quilting Guilds



A Choice of 4 Seasons

Kits Designed by Shabby Fabrics®

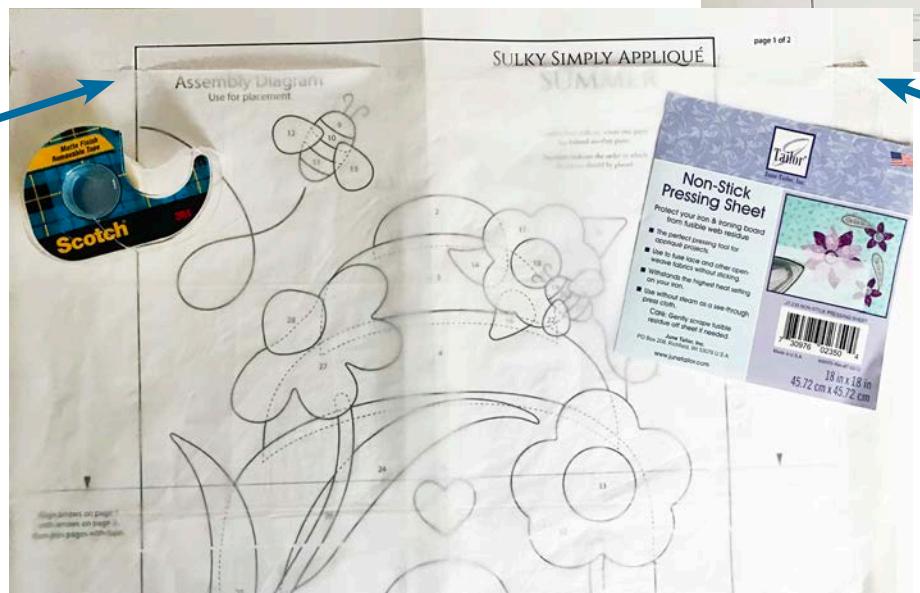
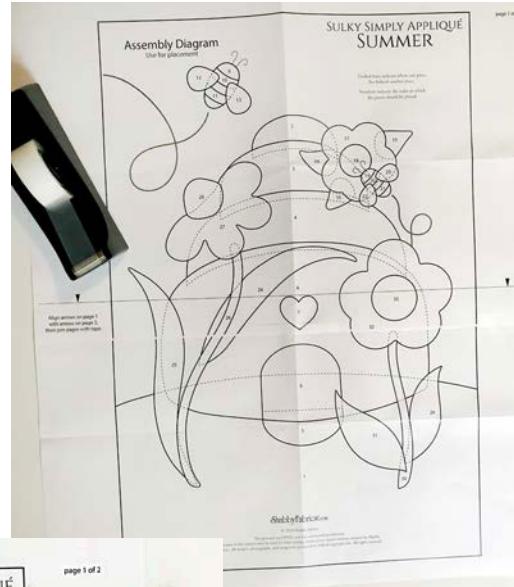
With this project, you'll learn how to sew layered appliqué pieces for a pleasing arrangement; how to add decorative stitch embellishments; how to work with Sulky thread (including Metallics!); and how to construct the wall hanging. A few tools and pointers will guide you to creating your kit efficiently and easily, hence the name: Simply Appliquéd!

Read through all directions before beginning the project.

(Instructions by Patti Lee, VP Sulky of America)

ASSEMBLY OF LAYOUT SHEET

- Use clear Scotch® Tape to secure the Assembly Diagram/Layout sheets together, following the arrows and notes. Just like assembling a digital pattern, cut off the excess paper of one sheet to match the lines on the pieces perfectly.
- Place the pressing sheet over the layout sheet, and tape only the upper edge to the layout sheet.
- This allows you to lift the pressing sheet as you work to better view the placement lines and numbers.



PROJECT OVERVIEW

Assemble the layered appliquéd on the pressing sheet, **unit by unit**. This ensures each unit overlaps as intended and eliminates the need to place and re-place pieces as you go.

Working from back to front, assemble the pieces/units in numerical order. Keep the color photo nearby to refer to as you work.

Remove the paper backing from all pieces for a particular unit. For small or similar pieces, use a removable marking tool to mark the number of each piece on the fabric wrong side for easier identification.

Use tweezers to place tiny pieces and help anchor small edges when fusing.

Once each unit is created, fuse it together and set aside when cool. Don't overheat the first fusing, as this is a "tacking" fuse. Use medium heat (approx 270 degrees) and press lightly; don't iron.

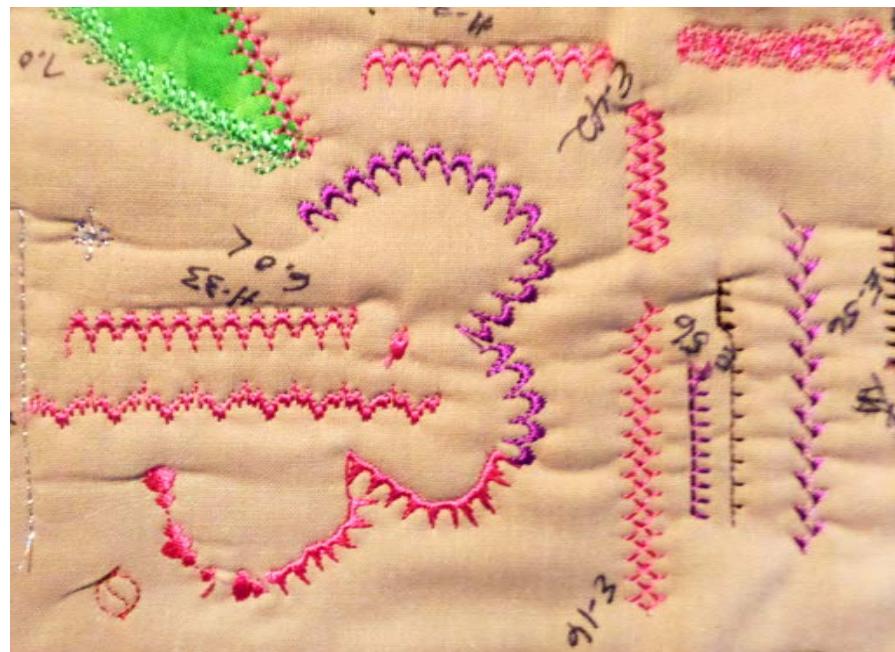
After all units are complete, place them onto the background fabric according to the photo.

Each appliquéd piece/unit is embellished with decorative stitches and Sulky thread. Make a stitch sampler of the decorative stitches you plan to use, noting any adjustments made (length, width, number/name of stitch) for reference. Try stitching straight lines as well as curves on the sampler to see how each stitch behaves.

Using a removable marker, mark a 12" x 18" centered rectangle on the background fabric to denote the appliquéd area. Trim the background to 13" x 19" **after** placing each unit.



NOTE: Save all scraps and leftover pieces and place them in a plastic bag labeled with your name. If a piece needs replicated or is lost, look in the bag for a replacement.



Following are tips and tricks for assembling the layered appliqués for each kit: Winter, Spring, Summer and Fall.

Before beginning, store the backing and binding in a plastic bag labeled with your name.

ASSEMBLY OF SPRING PIECES

Follow the assembly diagram numerically when placing each appliqué piece. If the tulip petals don't fit perfectly, try a different piece to ensure the correct ones are used.



- You will, inevitably, put an over or under incorrectly. Sometimes it doesn't even matter, it just becomes artistic license.
- If you want to move a piece or re-place it, lightly heat it with the iron, separate and reposition it.
- Look closely at the final assembly layout to really notice what you'd like to change, if anything, before the final fuse.



ASSEMBLY OF SUMMER UNITS

Press lightly and gently, for just a second or two – don't "iron". You want the "real fuse" later to be strong, so this is a tacking fuse. Allow it to cool a few seconds before peeling the unit up.



 **Note:** When assembling the Summer beehive, add the beehive bottom piece after the unit is placed on the grass on the background fabric. This piece isn't layered, so floats alone and needs to abut the beehive door.



- When placing the pieces/units, layer the piece edges so the ones that are covered are placed first. Each of the Summer units are positioned on top of the beehive, except for the lone bee.





ASSEMBLY OF FALL PIECES

When layering the wagons/pumpkins, be aware of which pieces are placed first.

For the sheep, either place the face over or under the white. The directions indicate "over," however it's your choice.





Note: Complete the fence as a separate unit to ensure it lays straight after assembly.



There are 5 wood fence posts (slats). But there are also 4 wooden slats that comprise the sides of the wagon. They are all on the one "wooden" fabric piece. Be sure to find all 4 of the slats and the five wood fence posts and set them aside in a little plastic bag for easier differentiation.



- Add the grass unit; position the stone walkway over it. Keep the units within the 12" x 18" background fabric markings and remember the binding will fold over about 1/4".
- Lightly fuse in place over the orange background fabric. Check the photo for guidance.



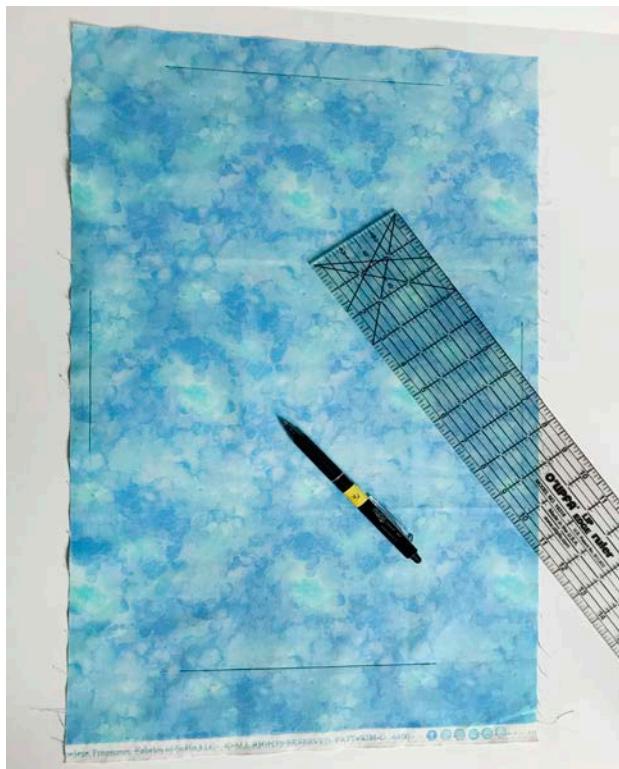
ASSEMBLY OF WINTER PIECES

- There is a very small, black fabric piece along with 6 cut-outs; there is also a teeny, tiny, little orange beak & bird nose.
- Leave the #1 foreground piece off until the snowman is assembled.
- The snowman's left arm (branch) has a slightly angled bottom.
- Mark the snowman's eye placement with a FriXion™ pen if desired. The right eye is larger than left.
- White Cardinal eye is embroidered (note it is gray on the diagram). Try a teeny satin stitch on the machine with **Holoshimmer™ Silver #6001** for the eye. Or use a French Knot and white thread.
- The black mouth can be hand embroidered. Or cut a piece of black from scraps, and fuse it in place, but you may not have that option. Alternatively, try a triple straight stitch with black thread. For placement ease, secure a scrap of **Solvay®** to trace the unit, mouth and stitch over it.
- Take time to precisely place the snowman head to ensure accuracy.



EMBELLISHING

- The background fabric is larger than needed. Trim it to 13" x 19" if desired. Alternatively, mark the 12" x 18" area with a FriXion® pen or a chalk marker. This keeps you from placing the appliqués too close to the edges.
- The FriXion pen will disappear when ironed. So, avoid those lines made with that pen, if you can, as you press the units in place.
- Create a quilt sandwich. Place the **Cut-Away Plus™** on the work surface. Place the batting over the stabilizer. Place the background fabric (with appliqués) right side up over the batting. Smooth all layers in place.



Refer to your stitch sampler to choose the first stitch to add to a piece/unit. Stitch larger units first, choosing thread colors that coordinate with the fabrics.

Try combining or stacking stitches for different looks. For example, stack a stitch over another one if it's not the look you want or you'd like more dimension or a wider width.



When stitching small areas/pieces, opt for a single blanket stitch. This stitch, which stitches over the vertical bar twice and once between each vertical stitch, doesn't build up too much yet produces a crisp edge.



Heavier blanket stitches (in utility stitch menu), used in combination with a large X-stitch, is nice for the barn door and wagon on the Fall version.



Light, airy stitches, such as a butterfly or bow, look great on edges of trees or leaves.



Choose a "grass" stitch for grass, naturally!



TEST! TEST! TEST!

Before you add decorative stitches to the project.

Decorative stitches are hard to remove.

When stitching elements beyond appliqué edges, such as the bee contrails, use a piece of **Sulky Solvy®** to trace the stitching guide from the layout sheet. Lightly spray the Solvy with **KK 2000™ Temporary Spray Adhesive** and position it onto the background fabric. Or use a removable fabric marker to trace the lines directly onto the fabric right side.



FINISHING

If further quilting is desired, use invisible thread in the needle and bobbin or a decorative thread included in the kit. (This step is optional for a project this size.)

After trimming the quilt sandwich to size, cut bias binding strips from the striped or checked fabrics, leaving enough for the hanging sleeve.

Cut enough 2 1/4"-wide strips to equal 68" when pieced.

Refer to www.sULKY.com/simply-applique-extras
for a great Magical Binding video tutorial.

Also provided:

- The instructions for binding in .pdf written form with photos.
- High-resolution photos of all four seasons of the Simply Appliquéd projects, so you can zoom in and see close-ups of the stitching.



When adding the hanging sleeve, insert it at the backing upper edge between the backing and binding before stitching the upper binding fold in place.

Hand stitch the sleeve lower edge to the backing fabric only.



PROJECT INSPIRATION

With your finished appliqué background fabric, there are many project options.



Create a fun handbag by fusing the background fabric onto another fabric used for the outer bag. Find a pattern of your choice and add decorative piping to the appliqué edge or more decorative stitches.



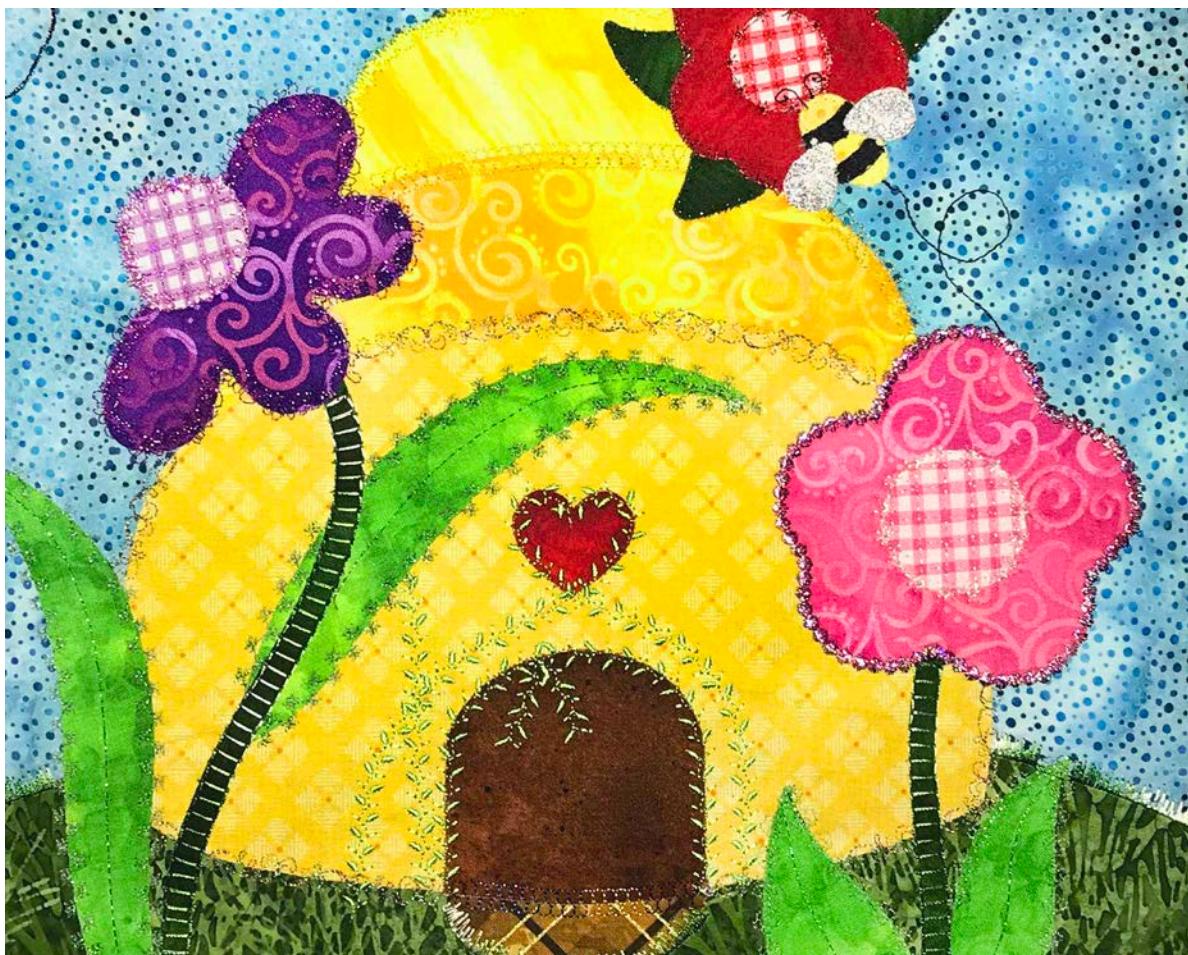
Fuse the finished appliqué onto the back of a shirt or jacket. Finish any raw edges with a satin stitch and Sulky Blendables thread.



Turn the background fabric into a pillow front and add micro piping to the pillow edges for a festive decoration.



Create wall art that's not quilted by stretching the background fabric over a canvas or stretcher frame.

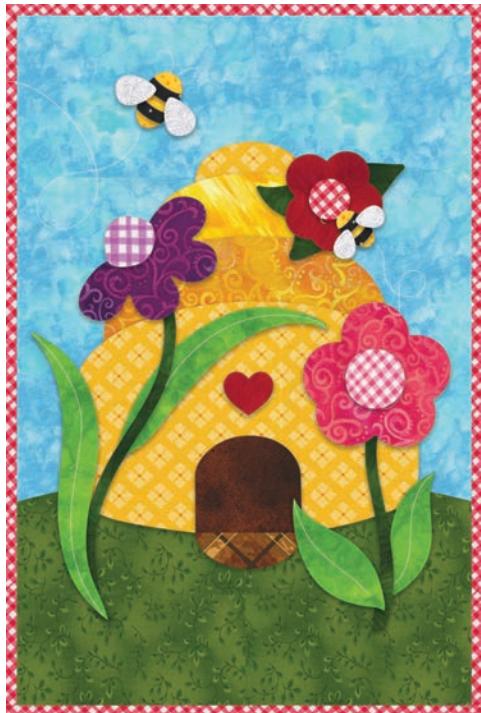




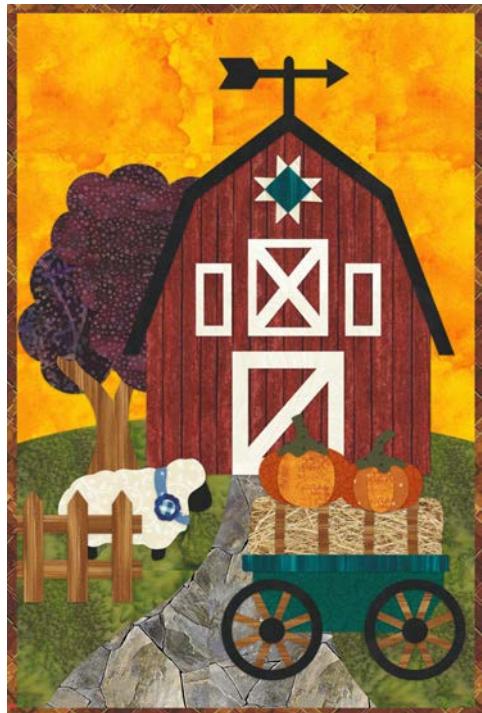
WINTER



SPRING



SUMMER



FALL

Look for additional kits and supplies at www.sulky.com.



Many decorative stitches have rather obscure endings, so using the single pattern selector helps the stitch complete. Then pivot and start again. If the pattern is going to overlap too much when meeting up with the beginning (typically on larger stitches), stop and lock the stitches where it looks right.

- Slow the machine speed for better accuracy when using decorative stitches.
- Use the LOCKING STITCH (Fix stitch) at the beginning and ending of each stitching area.
- Use the mirror-image option on your machine when appropriate, if applicable.
- Thread breakage? Try a little **Sewer's Aid™** on your needle.
- If you have a needle-down option on your machine, use it.
- Skipped stitches? Change your needle; try **Sewer's Aid**.
- Blanket stitch: Count your stitches. When you need to pivot, stop with the needle down, slow way down, at the end of the 4-stitch count, pivot and begin stitching again.
- If the bobbin thread pulls up, lower the top tension slightly.
- Removing stitches: Always work from the wrong side so the stabilizer and batting protect the fabrics.
- Don't hesitate to "hand-walk" the stitches one at a time with your hand wheel, until confident.
- If stitching small areas with dark thread, you might want to change to black bobbin thread.
- For very precise positioning, use the handwheel to lower the needle exactly where you stitch.
- Remember to always have your presser foot up when threading the machine. You can lower it once the thread is to the needle. Otherwise your thread may not seat in the tension resulting in a "bird's nest" under your fabric.
- When working with **SULKY Holoshimmer™** thread, lower the upper tension about 2 numbers.
- Slow the machine speed as low as it goes.
- Generally, use a 90/14 Metallic or **Topstitch Needle**.
- Use a vertical spool pin, to allow the thread to come off the spool flat and stay flat through the tension area. The **Thread Director™**, is a great tool to assist with sewing **SULKY Metallic, Sliver™** and **Holoshimmer™** threads.
(available at www.sulky.com)

KITS INCLUDE:

- Perfect laser-cut designs with SoftFuse™
- Pattern/Layout Sheet
- Full-Color Photo
- Instructions
- 14 Spools of Thread in each kit including: **Rayon, Holoshimmer™** and Sulky White **Bobbin Thread**
- Backing Fabric
- Binding Fabric
- Warm and Natural® Cotton Batting 14" x 19"
- **Sulky Cut-Away Plus™** 14" x 19"
- Enough extra fabric for a sleeve
- Practice: 10" x 20" pieces each:
Cut-Away Plus™
Muslin
Batting
- Trash bags to keep track of your waste

Also available for great savings: **Simply Appliqué Complete Thread Collection - All 4 Seasons.**

You Should Have...

- 12" or 18" x 18" Non-Stick, See-Through **Pressing Sheet by June Tailor™**, available at sulky.com
- General Sewing Supplies
- Sewing Machine Manual
- Open-Toe Appliqué Foot
- **80/12 Organ® Universal or Topstitch Needle.** Note: Some machines may prefer an 90/14 for metallic threads.
- Several small plastic bags – sandwich size and larger
- Safety Pins (optional)
- Tweezers (very helpful)
- Optional Markers: FriXion® (iron-away pen) or Chalk Pencil
- Padded ironing surface to allow the project to be moved without disturbing (to accommodate the 12" x 18 layout)
- Small irons (if allowed)
- Camera to take photos of originals and other optional projects
- 2 empty bobbins
- Removable tape
- Paper scissors
- Sharp, small-blade scissors
- Rotary cutter, ruler and mat (for trimming background)
- Optional: Glue stick
- Optional: **Sewer's Aid™**
- Optional: Self-threading needles for burying thread tails. (Note: Most of our samples were done using the "fix" stitch. If you don't have a fix stitch on your machine, then just do a couple of reverse stitches. Some people may want to hand-bury their tails. This is very time-consuming in class, and the tails get in the way of your next stitching.)